

Appendix B

Additional Ideas

Songs as Teaching Tools

Songs are an excellent way to create enthusiasm and interest about safe and active living. At the beginning of each session the MTL and/or CLs could lead students in a song like the one below.

Walking Songs – retrieved and adapted slightly from
www.everythingpreschool.com/themes/safety/songs.htm

This is the way we cross the road

This is the way we cross the road
Cross the road, cross the road.
This is the way we cross the road,
We stop, we look, we listen.
We stand at the curb and look both ways
Look both ways, look both ways
We stand at the curb and look both ways
Before we cross the road.
If the road is clear we cross the road,
Cross the road, cross the road.
If the road is clear we cross the road,
So we can walk safely.

Stop, look, and listen

Stop, look, and listen
Before you cross the street.
Use your eyes, use your ears,
And then use your feet.